

# Kennebec Valley Veteran's Resource Directory



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## Purpose Statement

The purpose of this directory is to gather contacts for those who have served their country all into one easy and accessible place. Within this resource directory lies resources in a variety of different topic matters. Resources in social domains, vocational domains, housing, legal services, educational services, medical services, psych environmental services, primary supports, financial services, and other services that are provided for Veterans are all covered.

## Acknowledgement

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## **Social Services**

The American Legion

Mainelegion.org

207-873-3229

Open M-F 8-4

Social Gathering place for veterans

Family and Veterans Support Group

207-557-5513-Tom Benn

2nd wednesday of the month 6-7:30

Support group for Veterans and Families dealing with a person in the military.

Kennebec Behavioral Health Augusta Center

<https://www.kbhmaine.org/?q=node/27>

P: (207) 626-3455

Provides group therapy sessions.

Capitol Clubhouse

<http://www.capitalclubhouse.com/>

(207) 629-0809

Open Sunday - Saturday 5:00am - 11:00pm

Allows those who are suffering from mental illness to meet one another.

National Center for PTSD

<http://www.ptsd.va.gov/>

(802) 296-6300

Open 24/7

National call center for those suffering from post traumatic stress disorder.

## **Vocational Services**

Augusta CareerCenter

<http://www.mainecareercenter.com/locations/region3/augusta/index.shtml>

(207) 624-5120

Open Monday to Friday, 8 a.m. to 5 p.m.

Provides training and counseling in look for a job.

Veterans Inc.

<http://www.veteransinc.org/>

(800) 482-2565

Open 24/7

Helps provide help searching for a job, and job training.

Togus Medical Center

<http://www.benefits.va.gov/togus/>

(207) 623-8411

Open Monday through Friday, 8:00 a.m. - 4:30 p.m.

Helps connect Veterans with their benefits.

Maine Vocational And Rehabilitation Associates

<http://mainevocandrehab.com/index.html>

(207)623-1898

Open Monday to Friday, 8 a.m. to 5 p.m.

Helps provide support for those living with disabilities.

VA Maine Healthcare System Human Resource Management Services

<http://www.maine.va.gov/careers/>

(207) 623-5713

Open Monday through Friday, between 8:00 a.m. and 4:00 p.m.

Allows for jobs within the VA healthcare system.

## **Housing Services**

Veterans Inc.

<http://www.veteransinc.org/>

(800) 482-2565

Open 24/7

Provides service to help Veterans find housing to help end homelessness.

Maine Veterans' Homes

460 Civic Center Drive

Augusta, Maine 04330

1-800-278-9494

Open 24/7

Advocating for Veterans needing housing.

Bread of Life Ministries

207-626-3479

<http://www.mainebreadoflife.org/>

Family homeless shelter

Mid-Maine Homeless Shelter

207-872-8082

Open 4pm to 8am

Homeless Shelter

Maine State Housing Authority

<http://www.mainehousing.org/>

207-626-4600

Open Monday-Friday 8am to 5pm

Helps connect veterans to their benefits, and helps with finding housing.

## **Legal Services**

Pine Tree Legal

<https://ptla.org/contact-us>

(207) 622-4721

Mondays noon to 3pm., Tuesday and Thursdays 9am-12pm

Help advocate for veterans applying for va benefits, pro-bono lawyers.

Maine Volunteer Lawyers Project

<http://www.vlp.org>

207-774-4518

Volunteer Lawyers provide pro-bono work for those who can not afford it.

Disability Rights Center

<http://drmc.org/>

(207) 626-2774

Open Monday thru 8AM–5PM

Advocacy for disability benefits.

Maine Equal Justice Partners

<http://www.mejp.org/>

207-626-7058

Helping those living in poverty get justice.

Goodspeed and O'Donnell

<http://www.goodspeedandodonnell.com/>

(207) 209-3197

Open Monday-Friday 8:30am-5pm

Legal Work for those who can pay for a private lawyer.

## **Educational Services**

Finance Authority of Maine (FAME)

<http://www.famemaine.com/>

207-623-3263

Open Monday thru Friday 8am to 5pm

Helps create jobs for Maine Veterans

University of Maine at Augusta

<http://www.uma.edu/>

(207) 621-3000

Open Monday thru Friday 8am to 5pm

Provides education for those with a GI Bill.

Kennebec Valley Community College

<http://www.kvcc.me.edu/>

(207) 453-5000

Open Monday thru Friday 8am to 5pm

Provides post-secondary education for those with a GI Bill.

Augusta Adult Education

<http://augusta.maineadulted.org/>

(207) 626-2470

Open Monday thru Friday 8am to 5pm

Provides job training as well as other education services.

Military Friendly

<https://militaryfriendly.com/2016employers/>

Open 24/7

Online Resource for Veteran friendly employers

## **Medical Services**

Togus Medical Center  
<http://www.benefits.va.gov/togus/>  
(207) 623-8411  
Open Monday through Friday, 8:00 a.m. - 4:30 p.m.  
Medical hospital for Veterans.

Kennebec Behavioral Health Augusta Center  
<https://www.kbhmaine.org/?q=node/27>  
P: (207) 626-3455  
Provides treatment for those with Mental illness.

Capitol Clubhouse  
<http://www.capitalclubhouse.com/>  
(207) 629-0809  
Open Sunday - Saturday 5:00am - 11:00pm  
Helps provide treatment with those suffering from a mental illness or disability.

Barbara Cumming Cameron, LCSW  
<http://barbaralcsw.com/>  
(207) 622-2673  
Open Monday through Friday, 8:00 a.m. - 4:30 p.m.  
Trained Counselor to help with mental illness, accepts Mainecare.

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Charkowick Robert, Do  
<http://www.maine.va.gov/>  
(207) 623-8411  
Open Monday through Friday, 8:00 a.m. - 5pm

## **Psycheviromental Services**

University of Maine at Augusta

<http://www.uma.edu/>

(207) 621-3000

Open Monday thru Friday 8am to 5pm

Provides education for those with a GI Bill so that they can improve their environmental situation.

Maine State Housing Authority

<http://www.mainehousing.org/>

207-626-4600

Open Monday-Friday 8am to 5pm

Helps connect veterans to their benefits and disability funds.

Pine Tree Legal

<https://ptla.org/contact-us>

(207) 622-4721

Mondays noon to 3pm., Tuesday and Thursdays 9am-12pm

Allows for a peaceful environment, protection from abuse orders.

Family and Veterans Support Group

207-557-5513-Tom Benn

2nd wednesday of the month 6-7:30

Connects Veterans to other Veterans.

Augusta Adult Education

<http://augusta.maineadulted.org/>

(207) 626-2470

Open Monday thru Friday 8am to 5pm

Allows for extra education to give Veterans a step up in the job world, allowing for more money to improve their environmental situation.

## **Primary Supports**

Family and Veterans Support Group

207-557-5513-Tom Benn

2nd wednesday of the month 6-7:30

Support group for Veterans and Families dealing with a person in the military.

Veterans Inc.

<http://www.veteransinc.org/>

(800) 482-2565

Open 24/7

Provides advocates to support veterans.

Capitol Clubhouse

<http://www.capitalclubhouse.com/>

(207) 629-9080

Sunday - Saturday 5:00am - 11:00pm

NAMI Maine

<http://www.namimaine.org/?page=VeteranSupportGrp>

(800) 464-5767

Open Monday-Friday 8am to 5pm

Support groups for Veterans

Togus Medical Center

<http://www.benefits.va.gov/togus/>

(207) 623-8411

Monday through Friday, 8:00 a.m. - 4:30 p.m.

Connects Veterans to other Veterans.

## **Other**

### Veterans Crisis Line

<https://www.veteranscrisisline.net/>

1-800-273-8255

Open 24/7

Veteran crisis hotline, the website also has a confidential chat room for those who do not want to make the call.

### Homeless Veterans Call Center

<http://www1.va.gov/HOMELESS/NationalCallCenter.asp>

1-877-424-3838

Open 24/6

Hotline for homeless veterans, allows for access to trained counselors.

### Readjustment Counseling Service Combat Call Center

<http://www.vetcenter.va.gov/media/Call-Center-PSA.asp>

877-927-8387 (877-WAR VETS)

Open 24/7

Hotline for Veterans struggling with reintegration into normal civilizenship.

### Statewide Crisis Hotline:

1-888-568-1112

Open 24/7

Crisis hotline for anyone in Maine.

### National Suicide Prevention Lifeline

[www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)

1-800-273-8255

Open 24/7